First, I will summarize the key points from the text provided:

**Institut Catholique de Toulouse**

Institut Catholique de Toulouse is a center for teaching and research that confers French national diplomas as well as canonical degrees. It was founded in 1877 and is enriched by the diverse backgrounds of its students, who come from a wide range of cultures and social milieus.

### Main Programmes of Study

- European communication, law, teaching and education
- French as a foreign language
- History
- Applied foreign languages
- Modern literature
- Cultural mediation and communication
- Philosophy
- Psychology
- Theology and religious sciences
- Sacred art and music

### Research

The institute’s research endeavor consists of 4 laboratories:

- The laboratory of art, culture, and their propagation
- The center for history and theology
- The laboratory of ethics, philosophy, and society
- Research at ICT is published in 4 reviews: Bulletin de Littérature Écclésiastique (BLE), Recherches Philosophiques, Inter-lignes, and Intersection.

### Strengths

- The university is small enough to give students personalized support and attention.
- Students learn effective work and study methods.
- Students receive orientation, career guidance, and placement services.
- International students are offered individual attention and courses in French as a foreign language at the IULCF.
- Many athletic, cultural, and humanitarian organizations make for a very active campus life.

### Location

The ICT is located in the historic center of Toulouse, which, with 440,000 inhabitants, is France’s fourth-largest city. Young and dynamic, Toulouse is a university town (home to 89,000 students), a cultural center in which a rich historic heritage is complemented by artistic creativity, and a forward-looking city, thanks to its high-tech industries. Toulouse lies 150 km from the Mediterranean Sea, 250 km from the Atlantic Ocean, 110 km from the Pyrenees, 2 hours from Bordeaux, 5.5 hours from Paris, and 4 hours from Barcelona.