Day 1

**TIP**
- Verify the routes and times involved in reaching your lodgings. Plan alternatives in case your plane, train, or bus is delayed.
- Make sure you have a telephone that will work in France in case of an emergency or transportation problem.
- Keep with you contact information related to your lodgings and academic institution.
- Don’t hesitate to get into conversations with French travelers! It’s a chance for you to meet new people and to learn something about the area in which you’ll be studying.

**Arrival in France**

**Day 1**

**ARRIVAL AT THE AIRPORT**
- **Withdraw cash**: You’ll find ATMs at the airport and in train stations.
- **Buy travel tickets**: (into Paris or to another destination in France): Train and bus tickets may be purchased from machines that operate in several languages and accept bankcards.
- **Collect train tickets that you purchased in advance**: Do this at SNCF kiosks at the airport or at the train station from which your train departs.
- **Follow the itinerary that you prepared in advance**: (see “1 week in advance”)

**ARRIVAL IN THE TOWN OR CITY WHERE YOU’LL BE STUDYING**
- **Transportation**
- **Buy a few metro and bus tickets**
- **Follow the itinerary that you prepared in advance** (see “1 week in advance”)
- **Reaching your lodgings (temporary or permanent)**
- **Plot out the route to your academic institution**
  - Contact the institution to plan your initial visit (registration, student ID card, insurance, etc.).
  - Note the route.
- **Have a coffee at a neighborhood café!**
- **Go for a walk in the city**

**1 week in advance**

**Day 1**

**Week 1**

**Month 1**

**1 month in advance**

**As soon as possible**