Month 1

Your residency permit: the appointment with OFII
You will need the following documents:
- The notice of your appointment you received from OFII
- Your passport
- Proof of residence
- A passport-size photo
- A way to pay the OFII fee (check or bankcard)
The amount of the fee varies with the type of visa (€58 or €241) and is added to the visa fee, which can be paid using tax stamps. Stamps can be purchased in licensed tobacco shops (bureaux de tabac), in tax service centers (Service des Impôts des Entreprises ou Service des Impôts des Particuliers), or online at www.timbresofi.fr.

Choose a primary-care physician
In order for your medical expenses to be reimbursed by the national health plan, you must choose a referring physician and provide that physician’s name to the local office of CPAM (Caisse Primaire d’Assurance Maladie), the medical insurance fund that handles reimbursements. You do that by filling out and submitting a form that your doctor will give you at your first appointment. The doctor must be a general practitioner (not a specialist).
Address of CPAM office in your area:

Day and hours of operation: _______________________________________________________
Tel.: +33 (0)_________________ Email: ___________________@_________________

Month 1

Participate in campus life!
Student clubs and associations
Athletics
Libraries

Explore
Get to know your town or city, the surrounding region, and France in general through weekend trips and during breaks in the academic calendar.
Start conversations with the French men and woman you encounter, look for ways to spend time with them and talk: The best way to learn a language is to speak it as often as possible.

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