

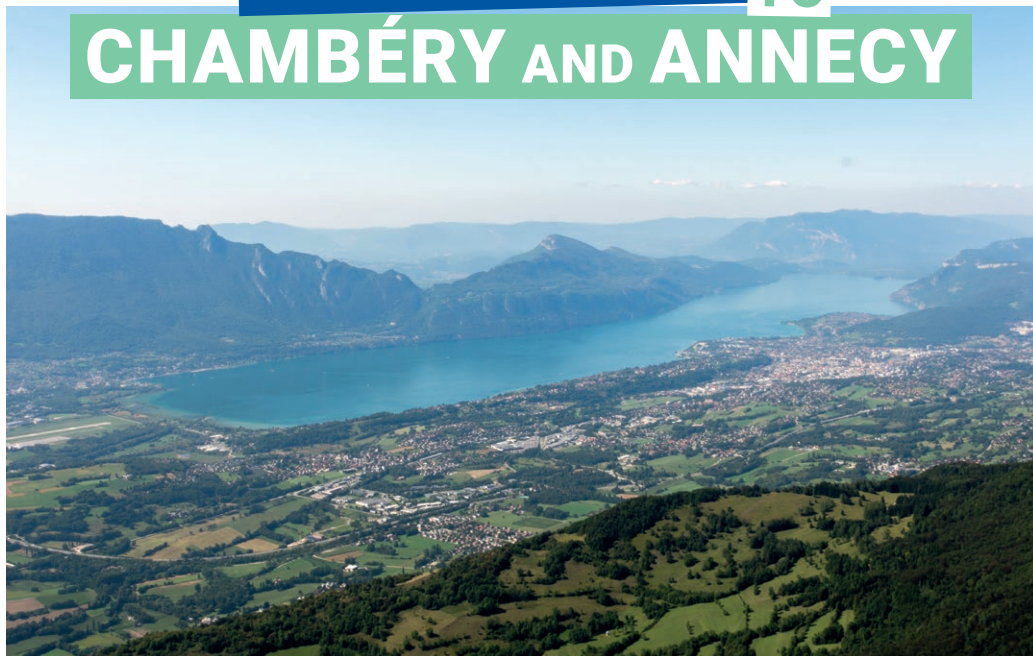


**DISCOVER
YOUR CITY**



Campus France will guide
you through your first steps in
France and **exploring**
Chambéry and Annecy,
your new homes.

WELCOME **TO**
CHAMBÉRY AND ANNECY





YOUR ARRIVAL IN CHAMBERY AND ANNECY /

♦ Student Welcome services at Université Savoie Mont Blanc

Université Savoie Mont Blanc has set up a Service Vie Étudiante et de Campus (SVEC), or student and campus life service at each of its 3 campuses (Chambéry, Annecy and Le Bourget-du-Lac) which welcome all students arriving at the University, whether French or foreign:
service.vie-etudiante@univ-smb.fr

Each site has a Service des Relations Internationales (international relations) and a Service de Scolarité (admissions) available for international students.

Your dedicated contact is the International Relations Department (International Welcome Centre) which is located at the Jacob-Bellecombette Campus (Chambéry), and is open all year round (except August), Monday to Friday from 9 am to 12 pm and 2 pm to 5 pm.

Address: Pôle accueil de la Direction des Relations Internationales - Bâtiment 14 - Campus de Jacob - 18 rue Jean-Baptiste Richard - 73000 JACOB-BELLECOMBETTE

Contact:

- incoming.students@univ-smb.fr for students on exchange programmes
- international@univ-smb.fr for independently mobile students
- integration.events@univ-smb.fr for student integration events and the buddy system.
- contact.euraxess@univ-smb.fr for doctoral students and researchers

Please check the contact list on the University website to contact your host institution's Bureau des Relations Internationales:

<https://www.univ-smb.fr> > International > Contacts

Learn more:

- the "**Venir à l'Université**" web pages offer specific advice for international students: <https://www.univ-smb.fr/> > International > International at the USMB > Organization and contacts

♦ Welcome and orientation for doctoral students and researchers

Foreign researchers and doctoral students can contact the Centre Euraxess:
contact.euraxess@univ-smb.fr
as well as the relevant laboratories: <https://www.univ-smb.fr/recherche/laboratoires-et-expertises/>

♦ Welcome and orientation in other institutions

If you are enrolled in another institution, please consult the Campus France website for orientation.

The site presents a series of **Information Sheets** covering the different higher learning institutions

<https://www.campusfrance.org> > Students > Documentary resources > Practical information for students and researchers > Reception arrangements in institutions

If you cannot find your school in this list, then go directly to their website.

♦ Buddy System

You can be assisted by a local student in Chambéry/Annecy!

For information concerning the buddy system and cultural outings at USMB, please contact: integration.events@univ-smb.fr or the different RI (international relations).

International helper students are also available on campus all year round to help international students with their integration and daily life: etudiant.relais-internationaux@univ-smb.fr

♦ National Services

- students: www.etudiant.gouv.fr
- doctoral students, researchers: <http://www.euraxess.fr/fr>



Making you feel at home is a major concern for all French higher education institutions! The **Welcome to France label** is awarded to institutions that fulfil exacting criteria in the way they take care of their international students.



ACCOMMODATION

Finding somewhere to live is not always easy.

Rents are often high, and landlords require financial guarantees (such as a deposit).

Nevertheless, there is a wide range of accommodation on offer: halls of residence that are exclusively reserved for students and managed by the CROUS, student halls and private lodgings, rooms in private homes, flatshares...

The main thing is to start preparing for this as early as possible, before leaving your home country.

A FEW TIPS

- Check out the list of accommodation recommended by USMB's Welcome Center for international students:

<https://www.univ-smb.fr> > International > Coming to the Université Savoie Mont Blanc > Practical information: Preparing your arrival

• **Université Savoie Mont Blanc set up the Kestudi website in partnership with the city of Chambéry. It brings together accommodation listings relevant to young people.** The site offers students free-of-charge access to ads for reasonably-priced furnished apartments, as well as public and private halls of residence, residences for young workers and intergenerational home-sharing. Address and phone: Savoie Information Jeunesse, 79 place de la gare, 73000 Chambéry, 04 79 28 68 62. Facebook @kestudichambéry <https://kestudi.chambery.fr> > Logements/aides.

♦ Finding short-term accommodation

In Chambéry:

• **Hôtel Kyriad Chambéry Centre**
Contact: 04 79 36 13 64
or chambery.centre@kyriad.fr

In Annecy:

• **Annecy youth hostel**
Contact: +33 (0)4 50 45 33 19.
Website: <https://www.hifrance.org/auberge-de-jeunesse/annecy.html>

For other options, the search engine on the Chambéry and Annecy Tourist Office websites:

- <https://www.chamberymontagnes.com/>
- <https://www.lac-annecy.com/>

♦ Long-term housing

• **Student accommodation run by the CROUS Grenoble Alpes** (Centre Régional des Œuvres Universitaires) is overseen by the local branch for Chambéry/Annecy (CLOUS). Grenoble CROUS website: <http://www.crous-grenoble.fr/>
The website *Trouver un logement*: <https://trouverunlogement.lescrous.fr/>

CLOUS student housing Savoie Mont Blanc

Contact : 04 79 75 85 41
logement.clous-smb@clous-grenoble.fr,

Chambéry

Contact: 04 79 69 57 45,
logement.chambery@crous-grenoble.fr

Annecy

Contact: +33 (0)4 79 69 53 08,
residence.annecy@crous-grenoble.fr

Le Bourget-du-Lac

Contact: +33 (0)4 79 69 23 83,
residence.lebourget@crous-grenoble.fr

• Private Housing Platforms

Other offers for student lodging, managed by private organisms, are also available in Chambéry/Annecy.

Try these **sites**:

- www.adele.org
- <https://www.immojeune.com>
- <https://www.location-etudiant.fr>
- <https://housinganywhere.com>

• **Shared Leases:** Consult *La Carte des Colocs*, a national site for shared leases that's free and simple to use (<https://www.lacartedescolocs.fr/>) and the following Facebook account: Colocation Grand Anancy.

• **Other solutions available on the Campus France site:** www.campusfrance.org > Getting Organized > Accommodation.

♦ If you need a guarantor to secure your lodging

Visale is a new and free guarantor system:
www.visale.fr

GETTING AROUND CHAMBÉRY/ANNECY



When travelling to Chambéry/Annecy, you can arrive:

- by plane, at one of the following international airports: Lyon–St-Exupéry or Geneva (Switzerland). You can then catch a regional bus service **Blablabus** to Chambéry directly from the airport in Lyon or Geneva:

<https://fr.ouibus.com>

- by train, if you are coming from central Paris, catch the train at the Gare de Lyon (3 hours by TGV direct): <https://www.oui.sncf/>



Upon arriving in Chambéry or Annecy, you can use the interactive maps available on the website to find the university:

<https://www.univ-smb.fr> > Vie étudiante > Liens et documents utiles > Plans des campus.

The **Synchro-Bus** public transport network can be used for travelling in and around Chambéry: <https://www.synchro-bus.fr> (travel-cards and reduced rates for the under 25s).

The **SIBRA** public transport network can be used for travelling in and around Annecy: <https://www.sibra.fr/> (travel-cards and reduced rates for the under 25s).



There are Auvergne Rhône-Alpes regional trains for getting around the region: <https://www.ter.sncf.com/auvergne-rhone-alpes>
Buses are also an option for low-cost travel : <https://fr.ouibus.com/> or <https://www.flixbus.fr/>

For ride-sharing, refer for example to:

- the national website <https://www.blablacar.fr/>
- regional website: <https://movici.auvergnerhonealpes.fr/>



For greater independence, you can rent a bike using the Synchro-Vélostation in Chambéry: <https://www.velostation-chambery.fr/>



- ◆ If you want to file an application for APL funds (Aide Personnalisée au Logement, or personalized housing aid),

CAF (Caisse des Allocations Familiales) can check your eligibility: 32 30 or www.caf.fr

- ◆ If you need accommodation adapted to your special needs

Contact the CROUS Social Services which will take action with your institution.
Some establishments have specialized services for students with disabilities (assistance for housing, and also transportation and tuition).

Université Savoie Mont Blanc set up a Cellule d'Accueil et d'Accompagnement des Étudiants en Situation de Handicap to work with and support students with disabilities: <https://www.univ-smb.fr>
> Formation > Aménagements spécifiques.
Contact: mission.handicap@univ-smb.fr

The CROUS, at your service everywhere

Do you need any help and/or advice, somewhere to eat or to live, a job - or do you just want to find out all there is to know about student life? Then the CROUS is what you need!



The CROUS (Centre Régional des Œuvres Universitaires et Scolaires - Regional Centre of University and School Services) has branches in all major French university towns.

It manages university halls of residence and canteens, allows you to meet social workers, and offers cultural activities and job opportunities.



FIRST THINGS FIRST /

INSTITUTION

◆ CVEC

Before you can enroll in your institution, you must download proof of payment of the Contribution Vie Etudiante et de Campus (CVEC) – the student and campus life contribution fee.

- Log in at: <https://cvec.etudiant.gouv.fr/>

- For additional information and special cases: <https://www.campusfrance.org> > Getting Organized > CVEC.

◆ Confirm Registration

Take note! Even if you have a pre-registration letter,

you are not officially enrolled. You must confirm your enrollment with the institution's Service de la Scolarité (Admissions) as soon as you arrive.

RESIDENCE PERMITS

WHAT YOU NEED TO KNOW

- If you have just arrived in France on a long-term VLS-TS student visa: you must **validate it online as soon as you arrive in France**, on the ANEF (Administration numérique pour les Etrangers en France - Digital Administration for Foreigners in France) website. This validation must be carried out within the three months following your arrival: <https://administration-etrangers-en-france.interieur.gouv.fr>

- If you have Algerian citizenship or you are a student holding a "concours" visa or a visa bearing the mention "carte à solliciter dans les deux mois" ("card to be requested within two months"): your request for a residence permit must be carried out at the Préfecture.

- If you hold a "mineur scolarisé" ("minor in education") visa and you have since attained your majority, you must request a residence permit directly on the ANEF website or at the *préfecture* of your place of residence within the two months following your attaining the age of legal majority: <https://administration-etrangers-en-france.interieur.gouv.fr>

Please note: if you wish to renew your residence permit or VLS-TS, you must make your request during the third month preceding the date of end of validity of your current residence permit, on the following website: <https://administration-etrangers-en-france.interieur.gouv.fr>
The following tutorial can help you with this procedure: <https://www.campusfrance.org/en/tutorials-to-help-international-students-in-their-application-process>

- Your institution's student support services can assist you in case of any difficulties.

To find out more about your rights and obligations: <https://www.service-public.fr/particuliers/vosdroits/N110>



PRACTICAL INFORMATION /

OPENING A BANK ACCOUNT

If you stay in France for more than 3 months, it will be much easier day-to-day if you open a bank account, **online or in one of the bank agencies located in Annecy.**

In France, opening a bank account is a right :
<https://www.service-public.fr> > Argent > Comptes bancaires (droit au compte).

ACCESSING HEALTHCARE

Accessing healthcare in France is almost free, but you must be insured. **You must therefore be registered with the national health insurance programme.**

Please go to the <https://etudiant-etranger.ameli.fr> website to register, understand your rights and to carry out the requisite procedures.

Learn more:

<https://www.campusfrance.org> > Getting Organized > Health.

As a student, you can also take advantage of the university medical services. In these health services where consultations are free, you'll be greeted by a team of doctors and nurses who can give personalized advice in terms of health and prevention.

This is the case at Université Savoie Mont Blanc, where a Student Health Service is available at each of the 3 university sites.

Addresses, opening hours and contact details can be found in the «Santé» pages on the university website: <https://www.univ-smb.fr> > Vie étudiante > Vie pratique

Students enrolled in other institutions should contact the Service de la Vie Étudiante in their host university.

TAKING OUT COMPLEMENTARY HEALTH INSURANCE ("MUTUELLE")

We recommend you take out complementary health insurance in order to cover the totality of your healthcare costs, which are not all covered by the compulsory and free national health insurance programme.

Please note: options and levels of insurance vary from one insurer to another. In order to choose the complementary insurance that is best adapted to your situation and your budget, you can access more information on a student "mutuelles" price comparison website.

HOUSING INSURANCE

In France, housing insurance is mandatory.

The "garantie risques locatifs" - rental risk guarantee - is housing insurance which you can you subscribe

with your bank or a private insurance company.

EMERGENCY NUMBERS

SAMU: Call 15 Emergency Medical Services
Police emergency: Call 17 in the event of violence, theft, robbery.

Fire Department: Call 18 in the event of fire, gas leak, water damage, natural catastrophe, or traffic accident.

Call 112: European emergency services number that's accessible from anywhere in the European Union in addition to the French numbers above.

LEARNING FRENCH

Learning French is an opportunity to be seized!

Find the formula that works the best for you by consulting Campus France website where French as a Foreign Language (FLE) centers and universities offer courses for all levels throughout the year :

<https://ecolesdte.campusfrance.org/#/main>

The French Language Center at Savoie Mont Blanc University, ACCENTS, offers language courses to anyone wishing to develop their French skills :

<https://www.univ-smb.fr/accents/>

FINDING A JOB OR AN INTERNSHIP

It is important that you have sufficient financial resources to come and study in France.

Working in France as a foreign student is possible within limits, namely for a maximum duration of 964 hours per year. This can therefore only be a way of earning **supplementary funds**.

Please note: to work in France, if you are not a citizen of the European Union, you must hold a valid **student residence permit**.

Useful websites:

- **Kestudi, the Université Savoie Mont Blanc and city of Chambéry** website has a page for jobs:

www.kestudi.chambery.fr

- **The Annecy Youth Information Office** : <https://infojeunes.annecy.fr/>

- **My job in Savoie** : <https://www.jobsavoie.com/>

- **The University's Club des Entreprises**
<https://www.club-entreprises.univ-smb.fr/>

- **The Bureau d'Aide à l'Insertion Professionnelle (BAIP), the office for assistance with professional insertion:** 04 79 75 94 90.

• **The Centre Régional d'Information Jeunesse Auvergne-Rhône-Alpes**, the regional youth information center:
<https://www.info-jeunes.fr> > Emploi/job > Trouver un emploi/job

The site also posts classified ads.

• **the Jobaviz website, run by the CROUS**, can help you find a student job that's compatible with your studies: <https://www.jobaviz.fr/>

• **The City of Annecy's Direction des Relations Internationales** (internships abroad):
04 50 33 89 64 or dri@annecy.fr

THINGS TO DO IN CHAMBÉRY/ANNECY /

BE ACTIVE

Attend cultural and sporting events, or join a social or community group, through one of the numerous local or national student clubs and associations. To learn more, check with your school (Service de la vie étudiante, Student Services) or visit the following sites: www.animafac.net or www.letudiant.fr

A variety of student associations ensure that campus life is never dull at Université Savoie Mont Blanc: <https://www.univ-smb.fr> > Vie étudiante > Vie associative.

- **In Chambéry, with Kestudi**, the platform for young people: <https://kestudi.chambery.fr/>

- **In Annecy through its Bureau Information Jeunesse**, its youth information office: <https://infojeunes.annecy.fr> and its Guide de l'Étudiant, the student handbook: <https://urlz.fr/aCni>

TAKE UP A SPORT

In your institution, contact the Service des Sports for free access to sports facilities.

At Université Savoie Mont Blanc, the Sports Service offers various mountain sports for example: <https://www.univ-smb.fr> > Vie étudiante > Vie pratique > Sport.

A variety of activities are provided locally by the cities of Chambéry and Annecy:
- <https://kestudi.chambery.fr/> > Loisir culture et sport.
- <https://www.annecy.fr/> > Mes activités > Où faire du sport.

CULTURE AND NIGHTLIFE

Movies, concerts, theater, operas, museums, exhibitions, and festivals are on the program and most of the time, at reduced cost for students:

- in Chambéry: <https://kestudi.chambery.fr/> > Loisir/culture/sports.

- in Annecy: <https://www.annecy.fr> > Mes activités > Annecy, ville culturelle.

The Cultural office (Mission Culturelle) at Université Savoie Mont Blanc offers a variety of activities: <https://www.univ-smb.fr> > Vie étudiante > Vie culturelle.

Welcome Box: the cities of Chambéry and Annecy offer newcomer students a "welcome box" with cultural and leisure deals with a total value of 200 euros: <https://kestudi.chambery.fr/> > Study and training <https://infojeunes.annecy.fr/welcome-box/>

For entertainment or to pick up some culture, you can choose from:

- movie theaters (student rates, rewards card), including two arthouse theaters, the Forum Cinema in Chambéry and the Mikado in Annecy.
- major museums including two scientific institutions:

. the Eurêka gallery in Chambéry: <https://www.chambery.fr> > Vie culturelle et sportive > La Galerie Eurêka.

. Turbine Sciences, in Annecy: <http://laturbinesciences.agglo-annecy.fr/>

- several performance halls, including:
. Espace Malraux, the nationally recognized theater in Chambéry-Savoie:

<https://www.malrauxchambery.fr/>
. La Base, a cultural third place (tiers lieu) in Chambéry: <https://labasechambery.fr>

. the Bonlieu cultural center, Annecy's nationally recognized theater: <https://bonlieu-annecy.com/>
- libraries & multimedia libraries:

. in Chambéry: <https://www.chambery.fr> > Vie culturelle et sportive > Les bibliothèques.
. in Annecy: <http://bibliotheques.agglo-annecy.fr/>

Le Dauphiné (local daily newspaper) is a good source of inspiration for going out in Chambéry or Annecy and keeping up with the latest news. Available from newsagents or online: <https://www.ledauphine.com/>

You can also check out the **agenda on the Tourist Office websites:**

- Chambéry: <https://www.chamberymontagnes.com/> > Agenda.

- Annecy: <https://www.lac-annecy.com/> > Préparer > Agenda.

TOP ATTRACTIONS /

In Chambéry, City of Art and History:

• Place des Éléphants is the city's iconic meeting point.

- Chambéry's old town and Place St-Léger.
- Maison des Charmettes, a house where the famous French philosopher Jean-Jacques Rousseau used to stay.
- The Greater Chambéry ski resorts for learning to ski, both downhill or cross-country skiing.

To learn (and see) more, the Tourist Office website: <https://www.chamberymontagnes.com/>

Annecy, listed as a City of Art and History:

- Château d'Annecy and Palais de l'Île d'Annecy.
- The Basilique de la Visitation and the chapel at the Visitation monastery.
- The Regional Alpine Lakes Observatory.
- Animated Film Museum, for an insight into the art of animation.

To learn (and see) more check out the Tourist Office website: <https://www.lac-annecy.com/>



IMPORTANT ANNUAL EVENTS /

FEBRUARY

- Chambéry and Annecy Carnivals.

MARCH

- **Tour du Monde au Manège**, organized by the city of Chambéry and higher education institutions: a 2-day event, during which foreign students present their home countries.

MAY

- European Museum Night offers an opportunity to discover museums and other cultural sites in Annecy and Chambéry in a new light!

JUNE

- Marché des Continents: Every two years in Chambéry, international associations offer a multicultural world tour.

- Fête de la Musique with music everywhere in both towns (free concerts).

JULY

- Festival des Cultures du Monde, a World Culture Festival in Chambéry.
- Les Noctibules, festival of street performers in Annecy.

AUGUST

- **Integration seminar** organized by USMB for international exchange students.

SEPTEMBER

- **Official opening of the university's academic year.**
- **Campus Days** where the University welcomes its students.
- **Welcome Night**, musical evening for students, organized by the city Chambéry.
- Journées Européennes du Patrimoine, European Heritage Days, free admission to cultural sites in Annecy and Chambéry.

OCTOBER

- **Welcome Party for new international students, organised by the Université and the city of Chambéry.**
- **International Eve**, an international and festive evening of celebrations to welcome foreign students to the university.
- **Fête de la Science** in the University laboratories.
- **International week** at USMB with conferences on the theme of studying abroad.

NOVEMBER

- Welcome Day for Doctoral Students, organised in early November by the Université.

DECEMBER

- **Noël Partagé (Sharing Christmas)**, families play host to foreign students for Christmas celebrations "à la française".
- Chalets du Monde, at Chambéry's Christmas Market, artisan crafts from some 15 different countries.
- Noël des Alpes in Annecy, Christmas lights and entertainment.



**& SHARE
PARTICIPATE**

To stay informed and attuned to others and the world, to share and dialogue with students, follow **social media** where Campus France has an especially strong presence!

*Don't forget to join the **France Alumni** network. Take part in discussion groups on various subjects, take advantage of cultural outings, and consult job and internship offers.*



THINGS TO KNOW

CHAMBÉRY

IS THE CAPITAL (PRÉFECTURE) OF THE SAVOIE DEPARTMENT, département, one of 12 départements in the greater Auvergne-Rhône-Alpes region

GREATER CHAMBÉRY

137,000 residents

CITY OF CHAMBÉRY: 60,000 RESIDENTS, 2RD in a list of medium-sized cities where it's good to live and study for living and studying in (awarded by L'Etudiant magazine)

ANNECY IS

THE CAPITAL (PRÉFECTURE) OF THE HAUTE SAVOIE département, one of 12 départements in the greater Auvergne-Rhône-Alpes region

GREATER ANNECY

207,000 residents

ANNECY: 130,000 RESIDENTS

Université Savoie Mont Blanc

15,000 students including 1,500 foreign students of 120 different nationalities, 19 research laboratories, 300 doctoral students



AUVERGNE-RHÔNE-ALPES REGION, 2ND FRENCH REGION in terms of hosting foreign students (over 48,000 international students)

Most of the information presented in the Campus France City Information Sheets concerns all international students regardless of their institution.

In France, in each of the host cities, most foreign students study at universities. Accordingly, the City Information Sheets attach great importance to them without overlooking the other higher education institutions even if it is not possible to list them all here with their specific information.

For more information on the institutions' welcomes and orientations:

<https://www.campusfrance.org/fr/recherche/categorie/auvergne-rhone-alpes-553>

CAMPUS FRANCE AUVERGNE RHÔNE-ALPES

35 rue Raulin (Bureau 304), F-69007 Lyon

By appointment only, Monday to Friday, 9am to 12pm and 2pm to 5pm

Contact: 04 81 88 00 40

CAMPUS FRANCE

28 rue de la Grange aux Belles 75010 PARIS - 01 40 40 58 58 - www.campusfrance.org