THINGS TO KNOW

Greater Lyon Metropolitan area:
1,400,000 residents

City of Lyon:
520,000 residents

3rd LARGEST TOWN IN THE GRAND EST REGION

LYON, SEAT OF THE RHÔNE DEPARTMENT, one of 12 departments which make up the Auvergne Rhône-Alpes Region, the region’s largest city and its capital

LYON, 1ST AMONG FRENCH CITIES AS A GREAT PLACE TO LIVE AND STUDY (L’Étudiant magazine ranking)

AUVERGNE RHÔNE-ALPES REGION,
2nd FRENCH REGION in terms of hosting foreign students (42,000 international students)

Lyon:
155,000 students
including 20,000 international students
13,300 researchers including 1,800 international, 5,400 doctoral students

Campus France will guide you through your first steps in France and exploring Lyon, your new home.

WELCOME TO LYON

CAMPUS FRANCE
28 rue de la Grange aux Belles, 75010 PARIS - 01 40 40 58 58 - www.campusfrance.org
ARRIVING IN LYON /

- Your one-stop with multiple services
- National Services
- Mobility for arriving international talents.

At Lyon University, the Students Welcome Desk (SWD) is your one-stop for multiple services. A desk created to give you tips, support for your administrative procedures, information on housing, transportation, everyday life, student associations, and more.

During a 3-month period, from September to November, the Students Welcome Desk brings together a multi-lingual team with housing and health professionals and representatives from the Prefecture, so you start school smoothly.

Address: SWD, Université de Lyon, 90 rue Pasteur, 69007 Lyon.
Hours: early September to end November, Monday to Friday, 9:30am to 5:00pm.
Contact: 04 37 37 26 70 (switchboard).

To learn more, consult notably:
- the Lyon Campus website with special pages for international students in French and English:
  https://www.lyoncampus.info > international students
- the Lyon University site:
  https://www.universite-lyon.fr > International >Venir à Lyon et à Saint Étienne

Doctoral students and researchers receive specific support with the Espace Ulys, created to facilitate mobility for arriving international talents.

More information:
http://www.espace-ulyss.fr/
http://www.euraxess.fr > Information et assistance > Find personal assistance > Université de Lyon

Sponsors
You can be assisted by a sponsor in Lyon!

With ESN CosmoLyon (Erasmus Student Network), a mentor program was put in place in Lyon. This Buddy System will help you find a mentor to assist you in your procedures and in exploring the city: http://lyon.ixesn.fr

In Lyon, there are numerous solutions for finding lodging: the housing park reserved for students and managed by CROUS, student and private residences, and rooms in private homes.

What’s most important is to take care of this as early as possible, before your arrival.

- The Lyon Campus site gives you all the information and tips you need to find housing in Lyon: https://www.lyoncampus.info > S'installer > Se loger
- The CRUJ (Centre Régional d’Information Jeunesse), the regional youth information center for Auvergne Rhône - Alpes, publishes classified ads: https://www.info-jeunes.fr > Vie quotidienne / Logement / Santé > Trouver et financer son logement
- For check Espace Ulys and the pages dedicated to housing: http://www.espace-ulyss.fr > Logement

A FEW TIPS
- For short-term lodging
  Lyon Youth Hostel, a 10-minute walk from the city center.
  Address: Auberge Vieux-Lyon, 41 - 45 montée du Chemin Neuf, 69005 Lyon.
  Contact: 04 78 15 05 50.
  Site: https://www.hifrance.org > Auberge de jeunesse > Lyon
- For other types of temporary residences, use the search engine on the Lyon Visitor Center website: https://www.lyon-france.com/

- Long-term housing
The Lyon CROUS (Centre Régional des Œuvres Universitaires - Regional Center for University Services) for student housing.

Address: CROUS, 59 rue de la Madeleine, 69007 Lyon.
Hours: Monday to Friday, 9:00am to 5:00pm.
Contact: 04 72 80 17 70.
Site: http://www.crous-lyon.fr > Logement

On campus, the CROUS is also responsible for all low-cost food services (university restaurant, cafes, food-trucks, etc.).

- Private Housing Platforms
Numerous Lyon establishments are members of Studapat, a platform for private housing: https://www.studapat.com > Lyon
Other offers for student lodging, managed by private organisms, are also available in Lyon.
For example, visit:
- https://www.adele.org/
- https://www.immojeune.com/
- https://www.location-etudiant.fr/
- https://housinganywhere.com/
- There is also a site managed by the CROUS, Lokaviz, which includes a listing of student accommodations in private homes: https://www.lokaviz.fr/
- Shared Leases: consult La Carte des Colocs, a national site for shared leases that’s free and simple to use: https://www.lacartedescolocs.fr/
- Other solutions available on the Campus France site: https://www.campusfrance.org > s’organiser > logement > Getting organised > Accommodation

If you need a guarantor to secure your lodging
Visale is a new and free guarantor system: www.visale.fr

- If you want to apply for the APL (Aide Personnalisée au Logement -personalized housing aid)
  The CAF (Caisse des Allocations Familiales - family allowances fund) is available to assess your rights: 08.10.29.29.29 or www.caf.fr

For travel within the region, take:
- Auvergne Rhône-Alpes regional trains
  Auvergne-Rhône-Alpes: https://www.ter.sncf.com/auvergne-rhone-alpes
  Coaches are also an option for low-cost travel.
  https://www.flixbus.com/ or https://www.lixibus.fr/

Getting around Lyon

- To get to Lyon from Paris, you can take the high-speed TGV train (2 hours):
  https://www.oui.sncf.com/ or a flight which arrives at Lyon Saint-Exupéry international airport.
Depending on where you arrive, to get to the Students Welcome Desk:
- from Lyon Part-Dieu train station: Tram T1 or the B Metro.
- from Lyon Perrache station: Tram T1 or Tram T2.
- from Lyon Saint-Exupéry airport: RhônExpress shuttle
For getting around the city and suburbs, use the public transportation (metro, bus and tramway) network, managed by TCL for transportation in Lyon: http://www.tcl.fr/

For greater independence, rent a Vélo’v, the bicycle rental service for the Greater Lyon Metropolitan area:
https://veloignon.com/home/
RESIDENCE PERMIT

Information

- At the Students Welcome Desk (SWD). From early September to end November, for residence permits, international students are welcomed at the Students Welcome Desk. The SWD is the only office for filing a first-time application or a renewal for a residence permit for students. The Prefecture does not accept student applications during the SWD’s period of operation. Address: SWD, Université de Lyon, 90 rue Pasteur, 69007 Lyon. Hours: Monday to Friday, 9:30am to 5:00pm. Site: https://www.lyoncampus.info > Etudiants Internationaux > Titre de séjour

- The Rhône Prefecture (Lyon), outside of SWD’s period of operation. Address: Préfecture, Section d’accueil des étudiants et chercheurs étrangers, 97 rue Mollière, 69003 Lyon. Contact: 04 72 61 61 61. Site: http://www.rhone.gouv.fr

- Learn more about your rights and obligations: www.service-public.fr > Etranger > Titre de séjour et de Promotion de la Santé (SUMPPS), inter-university health services, set up in each learning establishment.

That’s the case in Lyon where the universities have a Service Universitaire de Médecine Préventive et de Promotion de la Santé (SUMPPS), inter-university health services, set up in each learning establishment:

- Université Claude Bernard Lyon 1 Address: 5 avenue Pierre Mendès-France, 69500 Bron. Contact: 04 78 77 43 10 or mpug@univ-lyon1.fr
- Université Lumière Lyon 2 Address: Bâtiment L, 5 avenue Pierre Mendès-France, 69500 Bron. Contact: 04 78 77 43 10 or mpug@univ-lyon1.fr
- Université Jean Moulin Lyon 3 Address: 18 rue Rollet, Espace rue sud, 69008 Lyon. Contact: 04 78 78 79 83 or secretariat.smpps@univ-lyon3.fr

Learn more: https://www.universite-lyon.fr > Vie des Campus > Santé des étudiants

GOOD TO KNOW

- If you arrive in France with a VLS-TS long-term student visa: you must validate it online within three months of arrival: https://administration-etrangers-en-france.interieur.gouv.fr
- If you are an Algerian national: depending on your campus, your residence permit application is made at the Préfecture or with the Service des Relations Internationales at your campus. Take note: to renew your residence permit, you must apply within two months prior to its expiry.

EVERYDAY LIFE /

OPENING A BANK ACCOUNT

If you stay in France for more than 3 months, it will be much easier day-to-day if you open a bank account, online or in one of the 110 bank agencies located in Lyon.

In France, opening a bank account is a right: www.service-public.fr > Argent > Comptes bancaires

- Droit au compte

HEALTH CARE

In France, receiving medical treatment is practically free but you must be insured. As a result, signing up for medical insurance is mandatory.

Connect to the site https://etudiant-etranger.ameli.fr site to register, to understand your rights, and to take the necessary steps.

Learn more:
- https://www.campusfrance.org > S’organiser > Santé
- As a student, you can also take advantage of the university medical services. In these health centers where consultations are free, you will be greeted by a team of doctors and nurses who can give personalized advice about health and prevention.
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LEARNING FRENCH

Learning French is an opportunity to be seized! Find what works best for you:

- by consulting the Campus France site or the Française Langue Etrangère (FLE) - French as a foreign language - centers and universities which offer courses at all levels year-round: http://ecolesdete.campusfrance.org
- by asking in your institution, at city hall, or in your host city’s Maison des Associations - community centers.

FINDING A JOB OR AN INTERNSHIP

3 addresses:

- Jobs and internships:
  - the Centre Régional d’Information Jeunesse (Info Jeunes Rhônes-Alpes), the regional youth information center, has a site with classified ads: https://www.info-jeunes.fr > Emploi/Job > Trouver un emploi/Job
  - also take a look at the very complete job search information on the Lyon Campus site: https://www.lyoncampus.info > S'installer > Se financer
- Student jobs: find a student job that’s compatible with your studies on the CROUS Jobaviz site: https://www.jobaviz.fr/

INSURE YOUR HOME

In France, housing insurance is mandatory. The “garantie risques locatifs” - rental risk guarantee - is housing insurance which you can subscribe with your bank or a private insurance company. Online subscription is also often possible.

Learn more:
- https://amerra.fr > Assurances
- www.assistance-etudiants.com
- www.assurances-etudiants.com

THINGS TO DO IN LYON /

PLAYING A SPORT

- In your school, you may also have free access to sports facilities. Contact your Sports Department. In Lyon, each university has a Service des Sports (SUAPS), or Sports Department, and more often than not, a Sports Office in each school. Check with your learning establishment.

Learn more:
- On the Lyon Campus site: https://www.lyoncampus.info > Découvrir Lyon > Ville sportive
- On the Lyon University site: https://www.univ-lyon1.fr > Vie des Campus > Bien vivre dans nos Campus > Sport
- In Lyon, you can also find a sports activity among the sports disciplines offered by the city, at the site https://www.lyon.fr/ > Sport > La pratique du sport au quotidien

BE ACTIVE

- Attend cultural and sporting events, or join a social or community group, through one of the numerous local or national student clubs and associations. To learn more, check with your school (Service de la vie étudiante, Student Services) or visit the following sites: www.animafac.net or www.letudiant.fr
- La Maison des Étudiants

In Lyon, the Maison des Étudiants, the Student Union, is the hub of campus life in the Lyon Metropolitan area. 65 student associations, co-working spaces, events venues, and display of student initiatives are housed there: https://www.lyoncampus.info/ > Vos services > La Maison des Étudiants
GAINING CULTURE AND PARTYING

- Lyon offers many ways to cultivate yourself or party. Movie theaters, concerts, theaters, operas, museums, exhibitions, and festivals are on the program and most of the time, at reduced cost for students.

Learn more:
- the Lyon city hall site: https://www.lyon.fr > Culture
- the Grenoble Visitor Center: https://www.lyon-france.com > Je découvre Lyon > Culture et musées
- In Lyon University, visit the Lyon Campus site to learn everything you need to know about student culture: https://www.lyoncampus.info /
- With the PassCulture Etudiant, take advantage of reduced tickets to performances in partner venues: https://www.lyoncampus.info > Vos services > Le Pass Culture Etudiant
- A digital information portal, POP Sciences, was also created to inventory scientific cultural activities in the region: https://popsiences.universite-lyon.fr/
- For entertainment or to pick up some culture, in Lyon, there are:
  - 40 multiplex movie theaters in Lyon and its suburbs, (student rates, rewards program) including six art-house theaters among which the Lumière Institute. As a result of the Lumière Brothers, the authors of the first film in 1895, Lyon is the historic capital of cinema!
  - 30 museums, including the Musées des Confluences with its futuristic architecture, a museum which is at the crossroads of knowledge (sciences, techniques, and society).
  - around forty performance halls (Lyon and suburbs) including the Opera and the Celestins Theater, two beautiful historical buildings.
  - numerous bookstores including twenty-nine independent book merchants and the Gibert Librairie for buying and selling used books.
  - a network of 16 municipal libraries:

- In Lyon, for going out or staying abreast of events, read the leading regional daily paper, Le Progrès, available in newsstands or on the Internet: https://www.leprogres.fr /
  You can also check out the cultural agenda of the Lyon Visitor Center: https://www.lyon-france.com > L'Agenda > Spectacles

In 1998, several sites in Lyon were inscribed on the UNESCO World Heritage List.
- Vieux-Lyon, old-town, with its Renaissance-period houses and the renown traboules, hidden passages which connect the buildings.
- Fourvière hill with its Roman theaters, the Gallo-Roman museum, and the Fourvière basilica which overlooks Lyon.
- the Presqu'île neighborhood, surrounded by the Saône and the Rhône, the heart of Lyon.
- Place des Terreaux, with its fountain designed by Bartholdi, and City Hall. This is also a neighborhood of "bouchons", typical Lyon restaurants.
- the Lyon Musée des Beaux Arts (Fine Arts Museum) completely renovated and one of the most beautiful in France.
- Saint Jean-Baptist cathedral, a Gothic building with four towers.
- Croix-Rousse, the former working neighborhood for the canuts, the silk workers.
- the modern Confluence neighborhood, with its parks and stroll along the Saône.

Learn (and see) more: https://www.lyon-france.com > Je découvre Lyon > Sites et Monuments

APRIL
- Journées des Arts et de la Culture (JACES), Art and Culture Days to highlight cultural and artistic accomplishments in higher learning.
- Quais du Polars, an international mystery film and book festival.

MAY
- Pint of Science, a European initiative for learning about research in atypical venues.
- Nuits Sonores, an electric music festival which takes place in symbolic venues throughout the city.
- The Nuit Européenne des Musées (European Museum Night), an occasion to visit museums differently (and for free).

JUNE
- Fête de la musique: music everywhere in town (free concerts).
- Nuits de Fourvière, a multi-disciplinary festival (music, theater, dance, and film) throughout the summer in the Fourvière antique theater.

SEPTEMBER
- Les journées du patrimoine (Heritage days), free visits of cultural venues.
- Dance Biennial, a contemporary dance festival with numerous events (performances, meetings, workshops, and theater).
- Contemporary Art Biennial, discovery and experimentation in art, in all its forms, in emblematic venues.

OCTOBER
- La Nuit des Etudiants du Monde - Students of the World Night, a high point in Lyon student life, to wish international students welcome.
- Fête de la Science in the University laboratories.
- Lumière Cinema Festival, programming centered on classic movies with retrospectives of old movies (reduced rates).
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DECEMBER
- La Fête des Lumières, the Festival of Lights, an inescapable moment, free and open to all: illuminations and creations by light designers throughout the city.

Learn more: https://www.grandlyon.com > Une métropole à vivre > Grands événements

To stay informed, actively listen to others and the world, and share and dialogue with students, follow social media where Campus France has an especially strong presence!

Remember to sign up on the France alumni network to take part in discussion groups on various subjects, take advantage of cultural outings, and consult job and internship offers.