Campus France will guide you through your first steps in France and **exploring Lyon**, your new home.
YOUR ARRIVAL IN LYON /

◆ A one-stop multi-service online welcome desk

At COMUE Université de Lyon, the Students Welcome Desk (SWD) assists you remotely for all your administrative procedures using a dedicated telephone line. A multilingual team provides information on residence permits, housing, jobs, healthcare and can also give you advice for all your online procedures (request for the APL – the housing assistance funds - on the CAF website, signing up for the French CPAM medical coverage, renewal of your residence permit on the ANEF site, and more).

Hotline: September 13th to November 26th, 9am to 6:30pm.
Contact: 04 37 37 26 70 (switchboard).
For more information, take a look at:
- The COMUE Université de Lyon website www.universite-lyon.fr/swd
- The Lyon Campus website and the bilingual French and English pages dedicated to international students: https://www.lyoncampus.info > Etudiants internationaux

◆ Welcome and Orientation for Doctoral Students and Researchers

Espace Ulys – Euraxess Center
Espace Ulys is the welcome and orientation service on the Lyon Saint-Étienne site for foreign doctoral students, researchers, and their families. Year-round, a multilingual team can assist you in all your administrative procedures concerning your arrival and a successful stay (housing, residence permit, healthcare, activities in English to help you explore the city, and more).
Espace Ulys: https://espace-ulys.universite-lyon.fr/information@espace-ulys.com 04 87 25 95 94

◆ Buddy System
You can be assisted by a local student in Lyon!
With ESN CosmoLyon (Erasmus Student Network), a mentor program was put in place in Lyon. This Buddy System will help you find a mentor to help you in your procedures and in exploring the city: http://lyon.ixesn.fr

◆ Welcome and orientation in the institutions
Depending on the institution, school, or university, two information services are available: the Service des Relations Internationales (international relations) and/or the Service de la Scolarité (Admissions).

Regardless of your institution, please consult the Campus France website for orientation. The site presents a series of Information Sheets covering the different higher learning institutions:
https://www.campusfrance.org > Students > Documentary resources > Practical information for students and researchers > Reception arrangements in institutions
If you cannot find your school in this list, then go directly to their website

◆ National Services
- students: www.etudiant.gouv.fr
- doctoral students, researchers: http://www.euraxess.fr/fr

HOUSING IN LYON /

There are numerous solutions for housing in Lyon: The student-only accommodation managed by CROUS, student and private residences, and rooms in private homes.

What’s most important is to take care of this as early as possible, before your arrival.

• The Lyon Campus site gives you all the information and tips you need to find housing in Lyon: https://www.lyoncampus.com > Vivre > Se loger
• Le CRIJ (Centre Régional d’Information Jeunesse), the regional youth information center for Auvergne Rhône – Alpes, publishes classified ads: https://www.info-jeunes.fr > Vie quotidienne / Logement / Santé > Trouver et financer son logement
• For doctoral students and researchers, check Espace Ulys and the pages dedicated to housing: http://www.espace-ulys.fr > Logement

A FEW TIPS

◆ Short-term housing:
• Lyon Youth Hostel, a 10-minute walk from the city center.
Address: Auberge Vieux-Lyon, 41 - 45 montée du Chemin Neuf, 69005 Lyon.
Contact: 04 78 15 05 50.
Website: https://www.hifrance.org > Auberge de jeunesse > Lyon
• for other types of temporary residences, use the Lyon Tourist Office site’s search engine: https://www.lyon-france.com/

◆ Long-term housing:
The Lyon CROUS (Centre Régional des Œuvres Universitaires - Regional Center for University Services) for student housing.
Address: CROUS, 59 rue de la Madeleine, 69007 Lyon.
Hours: Monday to Friday, 9am to 5pm.
Contact: 04 72 80 17 70.
Website: http://www.crous-lyon.fr > Logement
The website Trouver un logement: https://trouverunlogement.lescrous.fr/

On campus, the CROUS is also responsible for all low-cost food services (university restaurant, cafeterias, food-trucks, etc.).

◆ Private Housing Platforms
Numerous Lyon institutions are members of Studapart, a platform for private housing: https://www.studapart.com > Lyon
Other offers for student lodging, managed by private organisms, are also available in Lyon.
For example, visit:
- https://www.adele.org/
- https://www.immojeune.com/
- https://www.location-etudiant.fr/
- https://housinganywhere.com/

◆ There is also Lokaviz, a site managed by CROUS, which includes a listing of student accommodations in private homes: https://www.lokaviz.fr/

◆ Shared Leases Consult La Carte des Colocs, a national site for shared leases that’s free and simple to use: https://www.lacartedescolocs.fr/

◆ Other solutions available on the Campus France site: www.campusfrance.org > Getting Organized > Accommodation

◆ Visale provides a free service for students needing a guarantor to secure housing: www.visale.fr

◆ If you want to make an application for public housing funding (the APL “Aide Personnalisée au Logement”),
The CAF (Caisse des Allocations Familiales) can check your eligibility. 08.10.29.29.29 or www.caf.fr

◆ For accommodations adapted to your special needs
Contact the CROUS Service Social which will work with your host institution.
Some institutions have specialized services for special-needs students (housing assistance and also transportation and tuition).

Université de Lyon is one of the first in France to engage in Mission Handicap, a disability project to welcome and support special needs students. Learn more: https://www.universite-lyon.fr > Vie des Campus > Handicap et accessibilité

---

GETTING AROUND LYON

To get to Lyon from Paris, you can take the high-speed TGV train (2 hours): https://www.oui.sncf/ or a flight which arrives at Lyon Saint-Exupéry international airport.

Depending on where you arrive, to get to the Students Welcome Desk:
- from Lyon Part-Dieu train station: Tram T1 or the B Metro
- from Lyon Perrache station: Tram T1 or Tram T2
- from Lyon Saint-Exupéry airport: RhônExpress shuttle

For getting around the city and suburbs, use the public transportation (metro, bus and tramway) network, managed by TCL for transportation in Lyon: http://www.tcl.fr/

For travel within the region, take:
Buses are also an option for low-cost travel: https://fr.ouibus.com/ or https://www.flixbus.fr/

For ride-sharing, refer to the collaborative websites, for example:
- local: https://www.covoiturage-grandlyon.com/
- national: https://www.blablacar.fr

For greater independence, rent a Vélo’v, the bicycle rental service for the Greater Lyon Metropolitan area: https://velov.grandlyon.com/home
ENROLLMENT IN YOUR INSTITUTION

◆ CVEC
Before you can enroll in your institution, you must download proof of payment of the Contribution Vie Etudiante et de Campus (CVEC) – the student and campus life contribution fee.
- Connect to https://cvec.etudiant.gouv.fr/
- For additional information and special cases: https://www.campusfrance.org > Getting Organized > CVEC

◆ Confirm Registration
Take note! Even if you have a pre-registration letter, you are not officially enrolled. You must confirm your enrollment with the institution’s Service de la Scolarité (Admissions) as soon as you arrive.

RESIDENCE PERMIT (TITRE DE SÉJOUR)

GOOD TO KNOW
• If you have arrived in France with a VLS-TS long-term student visa: you must validate it online upon your arrival and imperatively within the first three months of your stay (in France) on the ANEF (Administration numérique pour les étrangers en France) website: https://administration-etrangers-en-france.interieur.gouv.fr

• If you are an Algerian national or a student with a “Concours” (tests) visa or a visa with the indication “Carte à solliciter dans les deux mois” (Residency permit is to be requested within 2 months of entry): your residency permit application has to be made at the Prefecture.

• If you hold a “mineur scolarisé” (enrolled minor) visa and you attained the age of majority, you have to request for a “Titre de séjour” online on the ANEF website or at the prefecture where you live within 2 months following your majority. https://administration-etrangers-en-france.interieur.gouv.fr

Take note: To renew your student residency permit “Titre de séjour” (VLS-TS), your request must be done during the 3rd month before the expiration date of your current “Titre de séjour” (permit) on the website: https://administration-etrangers-en-france.interieur.gouv.fr

This tutorial will help you: https://www.youtube.com/watch?v=j_suMJ3fliiw&list=PLpm2evF1qaJe_oqOa-LMIKujAIhwAtVEy&index=16

• To find out more about rights and obligations: The reception services of your establishment can guide you in the event of difficulties. www.service-public.fr > Etranger > Titre de séjour et document de circulation (Foreigners > Resident Card and Travel Document)

PRACTICAL INFORMATION /

OPENING A BANK ACCOUNT

If you stay in France for more than 3 months, it will be much easier day-to-day if you open a bank account, online or in one of the 110 bank agencies located in Lyon.

In France, opening a bank account is a right: www.service-public.fr > Argent > Comptes bancaires > Droit au compte

HEALTHCARE

In France, receiving medical treatment is practically free but you must be insured. Accordingly, signing up for medical insurance is mandatory.

Login to the https://etudiant-etranger.ameli.fr Site to register, to understand your eligibility and benefits, and to take the necessary steps.

Learn more: https://www.campusfrance.org > Getting Organized > Health

As a student, you can also take advantage of the university medical services. In these health centers where consultations are free, you will be greeted by a team of doctors and nurses who can give personalized advice about health and prevention.
That’s the case in Lyon where the universities have a Service Universitaire de Médecine Préventive et de Promotion de la Santé (SUMPPS), inter-university health services, set up in each learning institution:

- **Université Claude Bernard Lyon 1**
  Address: 6 rue de l’Émetteur, 69100 Villeurbanne.
  Contact: 04 27 46 57 57 or ssu@univ-lyon1.fr

- **Université Lumière Lyon 2**
  Address: Bâtiment L, 5 avenue Pierre Mendès-France, 69500 Bron.
  Contact: 04 78 77 43 10 or mpu@univ-lyon2.fr

- **Université Jean Moulin Lyon 3**
  Address: 18 rue Rollet, Espace rue sud, 69008 Lyon.
  Contact: 04 78 78 79 83 or secretariat.smpps@univ-lyon3.fr

Learn more: [https://www.universite-lyon.fr Vie des Campus > Santé des étudiants](https://www.universite-lyon.fr)

**ADDITIONAL HEALTH INSURANCE**

You can also sign up for top-up insurance which will cover all health expenses not covered by the **free** and compulsory health insurance.

Take note: The plans and coverage levels differ from one company to another. To choose a top-up insurance policy which meets your needs and your budget, you can compare student health insurance plans on the Internet.

**INSURE YOUR HOME**

In France, housing insurance is mandatory. The “garantie risques locatifs” - rental risk guarantee - is housing insurance which you can subscribe with your bank or a private insurance company. Online subscription is also often possible.

### EMERGENCY NUMBERS

**SAMU: Call 15** Emergency Medical Services

**Police emergency: Call 17** in the event of violence, theft, robbery.

**Fire Department: Call 18** in the event of fire, gas leak, water damage, natural catastrophe, or traffic accident.

**Call 112:** European emergency services number that’s accessible from anywhere in the European Union in addition to the French numbers above.

**LEARNING FRENCH**

Learning French is an opportunity that’s not to be missed! Find what works best for you:

- by consulting the Campus France site or the Français Langue Etrangère (FLE) - French as a foreign language - centers and universities which offer courses at all levels year-round:
  
  [http://ecolesdete.campusfrance.org](http://ecolesdete.campusfrance.org)

- by asking in your institution, at city hall, or in your host city’s Maison des Associations - community centers.

**FINDING A JOB OR AN INTERNSHIP**

3 addresses:

- **the Centre Régional d'Information Jeunesse** (Info Jeunes Rhônes-Alpes), the regional youth information center, has a site with classified ads: [https://www.info-jeunes.fr/emploi-job/trouver-un-emploi-job](https://www.info-jeunes.fr/emploi-job/trouver-un-emploi-job)

- **The Lyon Campus site** presents very complete pages for a job or internship search: [https://www.lyoncampus.com > Je suis (étudiant international) > Je trouve (un job/un stage)](https://www.lyoncampus.com)

- **the Jobaviz website, run by the CROUS**, can help you find a student job compatible with your studies: [https://www.jobaviz.fr/](https://www.jobaviz.fr/)

### TAKE UP A SPORT

- In your institution, contact the Service des Sports for free access to sports facilities

  In Lyon, each university has a **Service des Sports (SUAPS)**, or Sports Department, and more often than not, a Sports Office in each school. Check with your learning establishment.

  Learn more:

  - on the **Lyon Campus** site: [https://www.lyoncampus.com > Sortir > Lyon Métropole verte et sportive](https://www.lyoncampus.com)
  
  - on the **Université de Lyon site**: [https://www.universite-lyon.fr > Vie des Campus > Bien vivre dans nos Campus > Sport](https://www.universite-lyon.fr)

  - **In Lyon**, you can also find a sports activity among the sports disciplines offered by the city, at the site [https://www.lyon.fr/ > Sport > La pratique du sport au quotidien](https://www.lyon.fr/)

### BE ACTIVE

- Attend cultural and sporting events, or join a social or community group, through one of the numerous local or national student clubs and associations.

  To learn more, check with your school (Service de la vie étudiante, Student Services) or visit the following sites: [www.animafac.net](http://www.animafac.net) or [www.letudiant.fr](http://www.letudiant.fr)
• La Maison des Étudiants
In Lyon, the Maison des Étudiants, the Student Union, is the hub of campus life in the Lyon Metropolitan area: 65 student associations, co-working spaces, events venues, and display of student initiatives are housed there: https://www.lyoncampus.com > S’impliquer > La Maison des Etudiants de la Métropole de Lyon

GAINING CULTURE AND PARTYING
• Lyon offers many ways to cultivate yourself or party. Movie theaters, concerts, theaters, operas, museums, exhibitions, and festivals are on the program and most of the time, at reduced cost for students.
Learn more:
- the Lyon city hall site: https://www.lyon.fr > Culture
- the Grenoble Lyon Tourist Office: https://www.lyon-france.com > Je découvre Lyon > Culture et musées
• Consult the Lyon Campus site for everything you need to know about student culture: https://www.lyoncampus.com
With the Pass Culture Etudiant de la Métropole de Lyon, the city’s cultural pass for students, you get reduced rates for shows in partner institutions: https://www.lyoncampus.com > Sortir > Le Pass Culture étudiant
- A digital information portal, POP Sciences, was also created to inventory scientific cultural activities in the region: https://popsciences.universite-lyon.fr/
• For entertainment or to pick up some culture, you can choose from:
  - 40 multiplex movie theaters in Lyon and its suburbs, (student rates, rewards program) including six art-house theaters among which the Lumière Institute. Thanks to the Lumière Brothers, the authors of the first film in 1895, Lyon is the historic capital of film.
  - over 30 museums, including the Musées des Confluences with its futurist architecture, a museum which is at the crossroads of knowledge (sciences, techniques, and society).
  - around forty performance halls (Lyon and suburbs) including the Opera and the Celestins Theater, two beautiful historical buildings.
  - numerous bookstores including twenty-some independent book merchants and the Gibert Librairie for buying and selling used books.
  - a network of 16 municipal libraries: https://www.bm-lyon.fr/

• In Lyon, for going out or staying abreast of events, read the leading regional daily paper, Le Progrès, available in newsstands or on the Internet: https://www.leprogres.fr/
You can also check out the cultural agenda of the Lyon Tourist Office: https://www.lyon-france.com > L’Agenda > Spectacles

TOP ATTRACTIONS /

In 1998, several sites in Lyon were inscribed on the UNESCO World Heritage List.
• Vieux-Lyon, old-town, with its Renaissance-period houses and the renown traboules, hidden passages which connect the buildings.
• Fourvière hill with its Roman theaters, the Gallo-Roman museum, and the Fourvière basilica which overlooks Lyon.
• the Presqu’île neighborhood, surrounded by the Saône and the Rhône, the heart of Lyon.
• Place des Terreaux, with its fountain designed by Bartholdi, and City Hall. This is also a neighborhood of "bouchons", typical Lyon restaurants.
• the Lyon Musée des Beaux Arts (Fine Arts Museum) completely renovated and one of the most beautiful in France.
• Saint Jean-Baptist cathedral, a Gothic building with four towers.
• Croix-Rousse, the former working neighborhood for the canuts, the silk workers.
• the modern Confluence neighborhood, with its parks and strolls along the Saône.
Learn (and see) more: https://www.lyon-france.com > Je découvre Lyon > Sites et Monuments
IMPORTANT
ANNUAL EVENTS /

APRIL
• Journées des Arts et de la Culture (JACES), Art and Culture Days to highlight cultural and artistic accomplishments in higher learning.
• Quais du Polars, an international mystery film and book festival.

MAY
• Pint of Science, a European initiative for learning about research in atypical venues.
• Nuits Sonores, an electric music festival which takes place in symbolic venues throughout the city.
• The Nuit Européenne des Musées (European Museum Night), an occasion to visit museums differently (and for free).

JUNE
• Fête de la Musique: Music everywhere in town (free concerts).
• Nuits de Fourvière, a multi-disciplinary festival (music, theater, dance, and film) throughout the summer in the Fourvière antique theater.

SEPTEMBER
• Les Journées du Patrimoine (heritage days), free visits of cultural venues.
• Dance Biennial, a contemporary dance festival with numerous events (performances, meetings, workshops, and theater).
• Contemporary Art Biennial, discovery and experimentation in art, in all its forms, in emblematic venues.

OCTOBER
• La Nuit des Etudiants du Monde - Students of the World Night, a high point in Lyon student life, to wish international students welcome.
• Fête de la Science in the University laboratories.
• Lumière Film Festival, programming centered on classic movies with retrospectives of old movies (reduced rates).

DECEMBER
• La Fête des Lumières, the Festival of Lights, an inescapable moment, free and open to all: illuminations and creations by light designers throughout the city.

Learn more: https://www.grandlyon.com
> Une métropole à vivre > Grands événements

To stay informed and attuned to others and the world, to share and dialogue with students, follow social media where Campus France has an especially strong presence!
Don’t forget to join the France Alumni network to take part in discussion groups on various subjects, take advantage of cultural outings, and consult job and internship offers.
THINGS TO KNOW

**LYON, SEAT OF THE RHÔNE DEPARTMENT,** one of 12 departments which make up the Auvergne Rhône-Alpes Region, the region’s largest city and its capital

**LYON, 2ND AMONG FRENCH CITIES AS A GREAT PLACE TO LIVE AND STUDY** (awarded by L’Étudiant magazine)

**GREATER LYON METROPOLITAN AREA:**

1,400,000 residents

**CITY OF LYON:**

520,000 residents

3rd LARGEST CITY IN FRANCE

**AUVERGNE RHÔNE-ALPES REGION,** 2nd FRENCH REGION in terms of hosting foreign students (42,000 international students)

**LYON:**

165,000 students

including 21,000 international students

13,300 researchers including 1,800 international, 5,400 doctoral students

Most of the information presented in the Campus France City Information Sheets concerns all international students regardless of their institution.

In France, in each of the host cities, most foreign students study at universities. Accordingly, the City Information Sheets attach great importance to them without overlooking the other higher education institutions even if it is not possible to list them all here with their specific information.

For more information on the institutions’ welcomes and orientations:
https://www.campusfrance.org/fr/recherche/categorie/auvergne-rhone-alpes-553

CAMPUS FRANCE
28 rue de la Grange aux Belles, 75010 PARIS - 01 40 40 58 58 - www.campusfrance.org