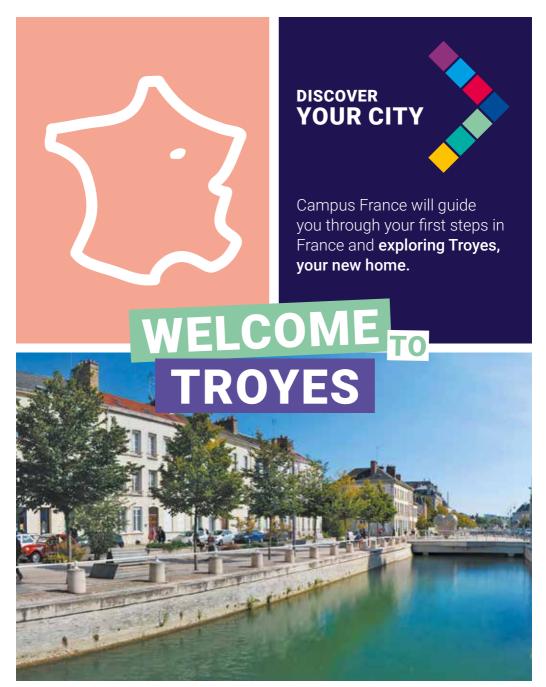


Liberté Égalité Fraternité







A welcome desk in each establishment and the Maison des Etudiants

Troyes higher education institutions provide personalized services for international students. Ask your institution for information before leaving.

There is however a Maison des Étudiants managed by the CROUS Reims satellite and handled by the Vie Étudiante department to the Troyes Champagne metropolitan area.

In a friendly venue in the city center at the heart of the Comtes de Champagne campus you will find all the information you need about a range of services and daily life: housing, student jobs, health, sports, and recreation.

Representatives from the Reims CROUS (Troyes branch) are on-site.

Address: Campus des Comtes de Champagne, 6 rue de la Petite Courtine, 10000 Troyes.

Access: Bus line no. 1 to Pont Sainte-Marie,
Hennequin stop.

Hours: from Monday to Friday, 9am to 12:30pm and 1:30pm to 5:30pm.

Contact: 03 25 81 78 10 / 03 25 40 06 24 or antenne-troyes@crous-reims.fr

Learn more:



- download the **Aube Sup 2023 Guide**, edited by the Conseil départemental de l'Aube (Aube Department Council)::

https://www.aube.fr/

- > Guides pratiques > Education, formation
- see the site **Etudier à Troyes, the higher education portal**: http://etudieratroyes.fr/

Buddy System

Some institutions in Troyes offer a buddy system. Please contact your institution's Service des

Relations Internationales or Service de la Vie Etudiante for more information.

Your Higher Learning Institution

For information concerning your institution, please consult the Campus France website for orientation. The site presents a series of **Information Sheets**

covering the different higher learning institutions:

https://www.campusfrance.org > Students > Documentary Resources > Practical Information for Students and Researchers > Reception arrangements in institutions

If you cannot find your school in this list, then go directly to their website.

At Université de Technologie de Troyes, the Pôle International provides services for international students.

Address: Université de Technologie de Troyes, 12 rue Marie Curie, 10000 Troyes. Contact: 03 25 71 76 00 or ri@utt.fr Site (in English): https://www.utt.fr > étudiant > international

National Services

- students: www.etudiant.gouv.fr
- doctoral students, researchers: http://www.euraxess.fr/fr



Making you feel at home is a major concern for all French higher education institutions! The **Welcome to France label** is awarded to institutions that fulfil exacting criteria in the way they take care of their international students.

ACCOMMODATION

Finding somewhere to live is not always easy.

Rents are often high, and landlords require financial quarantees (such as a deposit).

Nevertheless, there is a wide range of accommodation on offer: halls of residence that are exclusively reserved for students and managed by the CROUS, student halls and private lodgings, rooms in private homes, flatshares...

The main thing is to start preparing for this as early as possible, before leaving your home country.

- The CRIJ, Centre Régional d'Information Jeunesse, de Champagne-Ardenne (Info Jeunes Grand Est) - the regional youth information centre - provides a host of tips on finding accommodation in the region: https:// info-jeunes-grandest.fr/
- Office Public Troyes Habitat, a Troyes Champagne Métropole service proposes a student housing site: https://www.troyes-habitat.com > vous êtes étudiant

A FEW TIPS

◆ Short-term housing

• The Auberge de Jeunesse de Troyes-Rosières, a youth hostel in the countryside just 5 km from the city center.

Address: Chemin Sainte Scholastique,

10430 Rosières.

Contact: 03 25 82 00 65. Site: https://www.hifrance.org

• Other types of residences: Take a look at the Troyes Tourism Office website which lists all types of accomodation: https://www.tourisme-troyes.com > dormir/manger > se loger

Long-term housing

• Troyes CROUS student housing, Centre Régional des Œuvres Universitaires, the Regional Center for University Services, is a local branch of the Reims CROUS

Address: Maison des étudiants,

6 rue de la Petite Courtine, 10000 Troyes. Hours: Monday to Friday, 9:00am to 12:30pm

and 1:30pm to 5:30pm.
Contact: 03 25 40 06 24 or
antenne-troyes@crous-reims.fr
Information sites:

- CROUS de Reims: http://www.crous-reims.fr/
- Maison des Étudiants de Troyes:

https://www.ville-troyes.fr > à tout âge

> enseignement supérieur > la maison des étudiants

· Private Housing Platforms

- www.studapart.com, a platform for private housing which Troyes learning institutions subscribe to.

Find other private housing by visiting, for example, the following sites:

- https://www.adele.org/
- https://www.location-etudiant.fr/
- https://www.immojeune.com/
- https://housinganywhere.com/fr/
- There is also a site managed by the CROUS, Lokaviz, which includes a listing of student accommodations in private homes:

https://www.lokaviz.fr/

• Shared Leases: consult *La Carte des Colocs*, a national site for shared leases that's free and simple to use: https://www.lacartedescolocs.fr/



- Other solutions available on the Campus France site: www.campusfrance.org > Getting Organized > Accommodation
- ◆ If you need a guarantor to secure your lodging

Visale is a new and free guarantor system: www.visale.fr

 If you want to file an application for APL funds (Aide Personnalisée au Logement, or personalized housing aid),

CAF (Caisse des Allocations Familiales) can check your eligibility: 32 30 or www.caf.fr

For accommodation adapted to your special needs

Contact the CROUS Service Social which will work with your host institution.

Some establishments have specialized services for students with disabilities (assistance for housing, and also transportation and tuition).

The Troyes Champagne Métropole student portal lists all the services provided by the city: http://etudieratroyes.fr/ > vivre sa vie d'étudiant > vie pratique > l'accueil des étudiants handicapés





To get to Troyes from Paris, the simplest is to take a train from Paris Gare de l'Est, (travel time: 90): https://www.oui.sncf/
Take the bus from Troyes station: lines 1, 4, 5, 6 and the student night shuttle which leave from the station.



In the city and surrounding area, the TCAT public buses propose student travel cards: http://www.tcat.fr/

There are regional trains for getting around the Grand-Est region (travelcards available): https://www.ter.sncf.com/grand-est Coaches are also an option for low-cost travel: https://fr.ouibus.com/ or https://www.flixbus.fr/

For ride-sharing, refer to the collaborative websites, for example:

- local website:

https://www.covoiturage.grand-troyes.fr/ - national website: https://www.blablacar.fr

ক্তৌ For greater independence, rent a bike at the local municipal service, Halle aux Vélos . https://www.halleauxvelos.fr/

The CROUS, at your service everywhere

Do you need any help and/or advice, somewhere to eat or to live, a job - or do you just want to find out all there is to know about student life? Then

the CROUS is what you need!



The CROUS (Centre Régional des Œuvres Universitaires et Scolaires - Regional Centre of University and

School Services) has branches in all major French university towns.

It manages university halls of residence and canteens, allows you to meet social workers, and offers cultural activities and job opportunities.



ENROLLMENT IN YOUR INSTITUTION

CVEC

Before you can enroll in your institution, you must download proof of payment of the Contribution Vie Etudiante et de Campus (CVEC) - the student and campus life contribution fee.

- Connect to https://cvec.etudiant.gouv.fr/
- For additional information and special cases: https://www.campusfrance.org > Getting Organized > CVFC

◆ Confirm Registration

Take note! Even if you have a pre-registration letter, you are not officially enrolled. You must confirm your enrollment with your institution's Service de la Scolarité (Admissions) as soon as you arrive.

RESIDENCE PERMITS

WHAT YOU NEED TO KNOW

· If you have just arrived in France on a longterm VLS-TS student visa: you must validate it online as soon as you arrive in France, on the ANEF (Administration numérique pour les Etrangers en France - Digital Administration for Foreigners in France) website. This validation must be carried out within the three months. following your arrival: https://administrationetrangers-en-france.interieur.gouv.fr/ particuliers/#/

- · If you have Algerian citizenship or you are a student holding a "concours" visa or a visa bearing the mention "carte à solliciter dans les deux mois" ("card to be requested within two months"): your request for a residence permit must be carried out at the Préfecture.
- If you hold a "mineur scolarisé" ("minor in education") visa and you have since attained your majority, you must request a residence permit directly on the ANEF website or at the préfecture of vour place of residence within the two months following your attaining the age of legal majority: https://administrationetrangers-en-france.interieur.gouv.fr/ particuliers/#/

Please note: if you wish to renew your residence permit or VLS-TS, you must make your request during the third month preceding the date of end of validity of your current residence permit, on the following website: https://administrationetrangers-en-france.interieur.gouv.fr/ particuliers/#/

Please refer to the following tutorial for help with this procedure: https://www.youtube.com/ watch?v=-iGha_yqN04

· Your institution's student support services can assist you in case of any difficulties.

To find out more about your rights and obligations: https://www.service-public.fr/particuliers/vosdroits/N110



OPENING A BANK ACCOUNT

If you stay in France for more than 3 months, it will be much easier day-to-day if you open a bank account, online or in one of the bank agencies located in Troyes.

In France, opening a bank account is a right: www.service-public.fr > Argent > Comptes bancaires > Droit au compte

ACCESSING HEALTHCARE

Accessing healthcare in France is almost free, but you must be insured. You must therefore be registered with the national health insurance programme.

Please go to the

https://etudiant-etranger.ameli.fr website to register, understand your rights and to carry out the requisite procedures.

Learn more:

https://www.campusfrance.org > Getting Organized > Health

As a student, you can also take advantage of the university medical services. In these health centers where consultations are free, you will be greeted by a team of doctors and nurses who can give personalized advice about health and prevention.

This is the case for Université de Technologie de Troyes which has a health and prevention service: Service Universitaire de Médecine Préventive et de Promotion de la Santé (SUMPPS) which is a branch of the Université de Reims service.

Address: SUMPPS Maison des Étudiants, 6 rue de la Petite Courtine, 10000 Troyes. Hours: Monday to Thursday, 9am to 5pm and Friday, 9am to 4pm. Contact: 03 25 80 80 50.

For all other institutions, ask on-site.

TAKING OUT COMPLEMENTARY HEALTH INSURANCE ("MUTUELLE")

We recommend you take out complementary health insurance in order to cover the totality of your healthcare costs, which are not all covered by the compulsory and free national health insurance programme.

Please note: options and levels of insurance vary from one insurer to another. In order to choose the complementary insurance that is best adapted to your situation and your budget, you can access more information on a student "mutuelles" price comparison website.

HOUSING INSURANCE

In France, housing insurance is mandatory.

You can sign up for housing insurance called "garantie risques locatifs" - rental risk guarantee - at your bank or a private insurance company. Online subscription is often possible.

LEARNING FRENCH

Learning French is an opportunity that's not to be missed! Find what works best for you:

- by consulting the Campus France site or the Français Langue Etrangère (FLE) - French as a foreign language - centers and universities which offer courses at all levels year-round: http://ecolesdete.campusfrance.org

- by asking in your institution, at city hall, or in your host city's Maison des Associations - community centers.

EMERGENCY NUMBERS

SAMU: Call 15 Emergency Medical Services Police emergency: Call 17 in the event of violence, theft, robbery.

Fire Department: Call 18 in the event of fire, gas leak, water damage, natural catastrophe, or traffic accident.

Call 112: European emergency services number that's accessible from anywhere in the European Union in addition to the French numbers above.

FINDING A JOB OR WORK EXPERIENCE PLACEMENT

It is important that you have sufficient financial resources to come and study in France.

Working in France as a foreign student is possible within limits, namely for a maximum duration of 964 hours per year. This can therefore only be a way of earning supplementary funds.

Please note: to work in France, if you are not a citizen of the European Union, you must hold a valid **student residence permit.**

To help you find a job or work experience placement, 2 addresses:

- The Étudier à Troyes site provides a complete list of solutions for finding a job in Troyes: http://etudieratroyes.fr > Trouver un stage/job étudiant
- The Jobaviz website, run by the CROUS, can help you find a student job compatible with your studies: http://www.jobaviz.fr/





TAKE UP A SPORT

In your institution, contact the Service des Sports for free access to sports facilities.

The **Étudier à Troyes site** provides a complete list of sports activities for students: http://etudieratroyes.fr > vivre sa vie d'étudiant > Loisirs > se dépenser

The city of Troyes has a special site which publishes all the available sports activities: http://www.sports-troyes.fr/

BE ACTIVE

Attend cultural and sporting events, or join a social or community group, through one of the numerous local or national student clubs and associations.

Learn more:

- contact your school (Service de la vie étudiante) for information.
- go to the **Maison des Étudiants** in Troyes where most student associations are represented.
- listen to **Radio Campus 3**, the Troyes student union radio station for all the student associations in the area:

http://radiocampus3.canalblog.com/

- consult the national sites: www.animafac.net or www.letudiant.fr

CULTURE AND NIGHTLIFE

- Troyes offers many ways to cultivate yourself or party. Theaters, movie theaters, concerts, museums, exhibitions, and festivals are on the program and most of the time, at reduced cost for students: https://www.ville-troyes.fr/
- The Maison des Étudiants in Troyes has a rich cultural program, including student movie nights throughout the year:

https://www.facebook.com/etudier.a.Troyes/

- For entertainment or to pick up some culture, you can choose from:
- 1 large complex with 12 movie theaters (student rates and rewards cards).
- 8 major museums (student discounts), including the Musée Saint-Loup and the natural history museum with an interactive biodiversity tour.
- 9 venues in Troyes and the surrounding area including the Théâtre de Champagne, a former municipality circus and listed historical monument specialized in contemporary pieces.
- about 10 bookshops, including the big nonspecialized bookstore. Les Passeurs de Textes.

- a network of 10 multi-media libraries in the Grand Troyes area (free membership for students): www.troyes-champagne-mediatheque.fr
- In Troyes, for going out or staying abreast of current events, read the leading regional daily paper, L'Est Eclair, available in newsstands or on the Internet: http://www.lest-eclair.fr/

You can also check the very comprehensive **agenda** on the Tourism Office website:

https://www.tourisme-troyes.com/agenda



In 2010 the city of Troyes received the Ville d'Art et d'Histoire label for its art and history.

- The "Champagne cork", the old city center of Troyes shaped like a Champagne cork! A beautifully preserved historical district with half-timbered houses and mansions.
- Ruelle des Chats Troyes's most famous street. They say the houses are so close that cats can jump from one roof to another!
- Saint-Pierre Saint-Paul cathedral, one of the most beautiful in France with an impressive high nave and stunning stained-glass windows.
- The Maison de l'Outil et de la Pensée Ouvrière showcases manual labour with a collection of thousands of tools
- The episcopal palace, home to Troyes modern art museum.
- L'Apothicairerie de l'Hôtel-Dieu-le-Comte, a collection of stoneware medicine jars and painted-wood boxes.
- Hôtel Juvénal des Ursins, a beautiful 16th century mansion with a renaissance-style garden.
- The Jardin du Rocher park with a bandstand and pond.

Learn (and see) more:

https://www.tourisme-troyes.com/





MARCH

- Foires de Mars, an enormous funfair one of France's largest.
- Troyes Danse Project: a 3-day event featuring all styles of dance.
- Troyes Latino Festival: a Latin-culture event with dance, music and gastronomy.

APRIL

• Festival du Film Court de Troyes, festival of short films by young creators.

JUNE

• Fête de la Musique: Music everywhere in town (free concerts).

AUGUST

• Festival des Arts de la Rue street art festival: shows, circus, acrobats, brass bands and theatre (free).

SEPTEMBER

- Les **Clés de Troyes**, an event for new students in Troyes with activities, entertainment and an urban race): http://etudieratroyes.fr/ > vivre sa vie d'étudiant > clés de Troyes
- Journées du Patrimoine (heritage days), free visits of cultural venues.
- Just Classik Festival, classical music program accessible to all, enthusiasts and professionals.

OCTOBER

- Olympiades Étudiantes, three sports on the Olympiad program (free registration): http://etudieratroyes.fr/ > vivre sa vie d'étudiant > Olympiades Etudiantes
- Fête de la Science and Village des Sciences at Université de Technologie de Troyes.
- Festival Nuits de Champagne, a large contemporary and choral music festival.

Learn more:

http://troyes-champagne-metropole.fr > se dépenser/se divertir





To stay informed and attuned to others and the world, to share and dialogue with students, follow **social media** where Campus France has an especially strong presence!

Don't forget to join the **France Alumni** network. Take part in discussion groups on various subjects, take advantage of cultural outings, and consult job and internship offers.













Troyes Champagne Metropolitan area:

173,000 residents

City of Troyes:

60,000 residents 11,500 students

 $7^{
m th}$ city in the region

TROYES,

CAPITAL OF THE AUBE DEPARTMENT, one of the 10 departments in the Grand Est region

GRAND-EST REGION,

4th FRENCH REGION in terms of hosting foreign students (31,000 international students)

Université de Technologie de Troyes

3,300 students



including 27% international students

TROYES, RANKED AMONG FRENCH CITIES AS A GREAT PLACE TO LIVE AND STUDY (L'Étudiant magazine ranking) WITH A HIGH SCORE FOR ATTRACTIVE APPEAL

Most of the information presented in the Campus France City Information Sheets concerns all international students regardless of their institution.

In France, in each of the host cities, most foreign students study at universities. Accordingly, the City Information Sheets attach great importance to them without overlooking the other higher education institutions even if it is not possible to list them all here with their specific information.

For more information on the institutions' welcomes and orientations: https://www.campusfrance.org/fr/recherche/categorie/grand-est-551